

SEND A PATIENT TO MENTAL HEALTH CAMP

Medical specialty camp for kids - always free!

Mental Health Camp is June 18 - 22, 2026

Mental Health Diagnoses* Include:

- Anxiety
- Post Traumatic Stress Disorder
- Bipolar Disorder
- Depression
- Obsessive Compulsive Disorder
- Panic Disorder

*Must be linked with outpatient mental health services/provider. Campers can have secondary mental health diagnoses not listed.

For campers ages 8-15

Example Program Adaptations:

FHF hosts Mental Health camp in partnership with Syntero, an outpatient mental health organization that provides counseling to youth through school- and community-based services in Central Ohio. Camp activities will seamlessly incorporate therapeutic elements rooted in evidence-based practices that focus on building pro-social relationships, coping skills, distress tolerance, and more.



Scan for Camper Toolkit

**Priority application deadline
March 16, 2026**

- 24/7 onsite medical care
- Licensed & certified medical and psychosocial teams at all sessions
- 200 acres to explore with adaptive activities
- 70+ campers sharing similar diagnoses and experiences

Questions?

Campers@FlyingHorseFarms.org
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