

SEND A PATIENT TO MENTAL HEALTH CAMP

No cost medical specialty camp for young people 8-15.

Mental Health Diagnoses* Include:

- Anxiety
- Post Traumatic Stress Disorder
- Bipolar Disorder
- Depression
- Obsessive Compulsive Disorder
- Panic Disorder

*Must be linked with outpatient mental health services/provider. Campers can have secondary mental health diagnoses not listed.

Example Program Adaptations:

FHF hosts Mental Health camp in partnership with Syntero, an outpatient mental health organization that provides counseling to youth through school- and community-based services in Central Ohio. Camp activities will seamlessly incorporate therapeutic elements rooted in evidence-based practices that focus on building pro-social relationships, coping skills, distress tolerance, and more.

Questions?

Contact the FHF Psychosocial Team at
Psychosocial@flyinghorsefarms.org



Mental Health Camp is July 7-11, 2025



Scan to access

Camper Family toolkit

Camp at a Glance

- 24/7 onsite medical care
- Licensed & certified medical and psychosocial teams at all sessions
- 200 acres to explore with adaptive activities
- 70+ campers sharing similar diagnoses and experiences