



2026 CAMP FAQs

Volunteers

WHAT HAPPENS AS A VOLUNTEER AT FLYING HORSE FARMS?

Camp can only happen with the support of incredible volunteers who give of their time and talent. As a volunteer you become a part of a growing community. Since opening, 18,000+ volunteers have provided campers and their families the opportunity to experience respite and relief at camp.

WHO CAN VOLUNTEER?

If you're 18 or older, we would love to have you join us as a FHF volunteer! We've had students, professionals and retirees all volunteer their time at camp. Anyone can apply!

CAN I LEAVE CAMP DURING THE TIME I AM VOLUNTEERING?

We ask that all our program volunteers (counselors and activity leaders) stay at camp the entire session. If you need to leave during your session, please contact a camp leadership team member for support.

CAN I VOLUNTEER AT MORE THAN ONE CAMP SESSION?

On your application, there's space to list your availability. If the available time you'd like to volunteer matches our staffing needs, we may place you in more than one session.

WHAT SHOULD I BRING TO CAMP?

After you're approved to come to camp, we'll send you a confirmation email that includes a packing list, driving directions, and other important information.

WHEN SHOULD I SUBMIT MY APPLICATION?

Volunteer positions are all filled on a first-come, first-served rolling basis. Note: space fills up quickly, so we recommend getting your application in as soon as you're able. We encourage new volunteers to submit all paperwork at least 2 weeks prior to the session they would like to attend.



WHAT INFORMATION DO I NEED TO SUBMIT?

REQUIRED:

Sterling Volunteers Background Check
TDaP Booster from within the past 10 years
Vaccine FHF Health History Form
2025 Health History and Vaccination Attestation
General Liability Waiver
Photo and Media Release
Name and contact for one reference
Flu Vaccine (November Family Camps ONLY)

HIGHLY RECOMMENDED:

COVID-19 Vaccine + Boosters
Meningococcal
Hepatitis B Vaccine

If receiving live vaccines, they must be received no later than 2 weeks before you arrive at camp.



WHAT ARE VOLUNTEER ROLES AT RESIDENTIAL AND FAMILY CAMPS?

From archery to boating to Angie's Arts and Crafts, the activities at FHF are a large part of the magic. Campers and/or families use activity spaces to explore, create, laugh and get a little bit messy. Activity areas include archery, arts and crafts, boating and canoeing, fishing, outdoor adventure, indoor/outdoor sports and activities, wood-working, performing arts and more.

- **Cabin Counselors** – As a counselor you will partner with another volunteer to host a cabin of campers throughout a session. You will be their guide and support as they navigate camp, hosting evening cabin chats and getting them to and from activities.
- **Activity Counselors** – Responsible for implementing plans provided by the FHF team for our campers, preparing the space and materials and operating any equipment necessary in their area. Activity counselors also have the important job of making sure that all campers can participate in all activities. They are responsible for setting up, leading the activity and cleaning afterward.
- **Family Sidekick** – Spend the weekend with one family soaking up all the joy and fun camp has to offer. This is a full weekend role.
- **Entertainment Team** – Do you love camp songs, dancing, and making sure the logistics of camp are flowing? As an entertainment volunteer you will help run mealtimes, facilitate a full group program, and help our team coordinate logistics of the day so our families can focus on fun. This role includes being in front of a crowd and is a wonderful way to make an impact on all the families at camp.
- **Lifeguard** – Help keep our campers safe at fishing and boating. Certification is required, but this opportunity is open to volunteers aged 16+.
- **Psychosocial Team Member** – Campers come to FHF with a range of diverse mental and behavioral health diagnoses. Our psychosocial team serves as the experts of socio-emotional care in camp, supporting cabin life team members as they work with campers and providing care for campers as needed. Psychosocial volunteers are mental and behavioral health professionals with relevant work experience or students in fields like child life, social work, or similar studies who have completed some kind of experiential learning placement.

WHAT DO MEDICAL VOLUNTEERS DO AT CAMP?

Campers come to FHF with a range of unique medical needs. Our medical team is responsible for helping to meet these needs. During family camp weekends, families will bring any equipment, supplies and medication that their child may need. The medical team acts as a resource for the family and provides general first aid. Please refer to medical volunteer FAQ for further details.



ARE THERE VOLUNTEER OPPORTUNITIES FOR INDIVIDUALS UNDER THE AGE OF 18?

Yes! Volunteers aged 16-17 are welcome to join as lifeguards or kitchen crew if they are accompanied by a guardian who is at least 18 years old. For more information contact the Volunteer Admissions Team by emailing volunteer@flyinghorsefarms.org.