

2026 NEPHROLOGY MEDICAL FORM



a seriousfun camp

Flying Horse Farms strives to provide children with the safest and most magical experience while visiting camp. To do so, we need as much information as possible from the caregiver and medical provider regarding the camper's current medical status.

Return all forms and records to the FHF Admissions Team by one of these three methods:

Email: campers@flyinghorsefarms.org **Fax:** 419.751.7070

Mail: Flying Horse Farms, ATTN: Admissions Team, 5260 State Route 95, Mt. Gilead, OH 43338

If you have any questions, please contact Flying Horse Farms at 419.751.7077.

The following should be completed by the Medical Specialist (please type or print legibly)

PATIENT INFORMATION

Camper Name: _____

Date of Birth: _____

Caregiver Name: _____

Phone Number: _____

Date of Last Exam: _____

Nephrology Disorder: *(please include date of DX)* _____

Secondary Diagnosis: _____

Etiology of Kidney Disease (if known): _____

Medication Allergies: _____

Forbidden Over the Counter Medications: _____

Previous Surgeries or Anticipated Procedures: _____

History of Dialysis:

Peritoneal ☐ Yes ☐ No

From: _____ To: _____

Hemodialysis ☐ Yes ☐ No

From: _____ To: _____

CURRENT TREATMENT:

Please describe any previous significant treatment reactions: _____

PLEASE ATTACH THE FOLLOWING RECORDS

- ☐ Copy of most recent clinic visit *and* after visit summary.
- ☐ Copy of most recent laboratory and/or imaging reports, if pertinent.

PHYSICAL EXAM (SKIP THIS SECTION IF LAST CLINIC NOTE PROVIDED)

- ☐ See attached medical records

Height: _____ Weight: _____ Blood Pressure: _____ Heart Rate: _____

O2 SAT: _____

	Normal	Abnormal	Comments:
HEENT			
Neck			
Lungs			
Heart			
Abdomen			
Muscular/Skeletal			
Lymph			
Neuro			
Skin			
Psych			
Other			

LAB RESULTS: ☐ See attached medical records

Please list most relevant laboratory results.

Date: _____

Na+: _____

HCO₃⁺: _____

Ca⁺⁺: _____

K+: _____

BUN: _____

Phos: _____

Cl⁻: _____

Creat: _____

Alb: _____

Cholesterol Profile: _____

Hct: _____

Platelets: _____

Hgb: _____

Fe/TIBC: _____

WBC: _____

Hepatitis and liver function laboratory tests: _____

Other pertinent laboratory tests: _____

PLEASE FULLY COMPLETE THIS SECTION:

Does the camper have any of the following?

	Central Line (specify):	
	AV Fistula	
	AV Graft	
	Other (specify):	

Will blood work need to be checked while at camp? ☐ Yes ☐ No

Will the camper's blood pressure need to be routinely monitored while at camp? ☐ Yes ☐ No

If yes, at what frequency and what actions are recommended based on results? _____

If yes, please specify: _____

Contact Person: _____

Fax Results to Number: _____

Phone Number: _____

DIET/FLUIDS:

Does this camper require ☐ Strict I/O's (ins and outs) ☐ Daily Weight Checks

Fluid restrictions? ☐ Yes ☐ No

Please specify: _____

Special dietary needs (specify): _____

☐ Protein: _____

☐ Na+: _____

☐ K+: _____

☐ Phos: _____

☐ Other (specify): _____

KIDNEY TRANSPLANT CAMPERS ONLY:

Date of transplant _____

Date of last rejection episode: _____

Describe symptoms of rejection episode: _____

PSYCHOSOCIAL INFORMATION

☐ See attached medical records

Has the camper ever been diagnosed with any of the following? Check all that apply:

<input type="checkbox"/>	ADD/ADHD
<input type="checkbox"/>	Anxiety
<input type="checkbox"/>	Autism Spectrum Disorder
<input type="checkbox"/>	Bipolar Disorder
<input type="checkbox"/>	Depression
<input type="checkbox"/>	Developmental Delays
<input type="checkbox"/>	Mood Disorder
<input type="checkbox"/>	Obsessive Compulsive Disorder

<input type="checkbox"/>	Oppositional Defiance Disorder
<input type="checkbox"/>	PICA
<input type="checkbox"/>	Post Traumatic Stress Disorder
<input type="checkbox"/>	Reactive Attachment Disorder
<input type="checkbox"/>	Other (please specify):

MEDICAL ACTION PLAN – *Please fully complete this section.*

What are the early warning signs/symptoms that the camper may be getting ill?

What could trigger this?

What non-medical interventions does the camper use at home? (i.e. ice, heat, rest)

What medical interventions does this camper use at home? (i.e. medications)

What are the signs and symptoms that the camper requires further evaluation?

DURING CAMP, WOULD YOU SUGGEST:

Campers will have the opportunity to participate in the following activities: boating, fishing, pool/swimming, hiking, archery, exposure to animals (dogs), a high and low ropes course, and campfires. All activities are adaptable to campers and are overseen by our medical team. Please check if no restrictions necessary or detail restrictions in the box below.

☐ No activity restrictions necessary.

Additional considerations that may assist us in caring for this camper:

SIGNATURES

I understand that the above listed individual is seeking to participate in a special overnight camp for children with serious illnesses, which provides a medical team consisting of specialty physicians, nurses, and mental health professionals who will be on site and on call 24 hours a day to provide medical care during camp.

Any additional comments:

Form filled out by: _____

(must be completed by a physician or advanced practice provider)

Provider's signature: _____

Date: _____

Hospital/Affiliation: _____

Email: _____

Office Phone: _____

Office Fax: _____